



#### WELCOME

#### Hibiscus Coast AFC Summer Sevens



This pack contains all the key information you need for the upcoming season 2025/2026

#### **VENUE**

Stanmore Bay Park 164 Brightside Road, Stanmore Bay,Whangaparāoa





## COMPETITION CATEGORIES & ENTRY FEES

#### **Monday Nights – Juniors League**

- Years 0-3 (Boys & Girls): \$260 (5a-side)
- Years 4-6 Boys: \$360 (7-a-side)
- Years 4-6 Girls: \$260 (5-a-side)
- Years 7-8 Boys: \$360 (7-a-side)
- Years 7-8 Girls: \$260 (5-a-side)

Start: Mon 6 Oct 2025 (Fun night run by HBC) League commences Monday 10 Oct Finish: Mon 8 Dec 2025 (League Finishes, with finals night) Mon 15 Dec 2025 (Christmas Theme event, run by HBC)





## COMPETITION CATEGORIES & ENTRY FEES

**8-week League** (Mon 13<sup>th</sup> Oct - Mon 8<sup>th</sup> Dec. No Game on Labour Day)

2 - Week Fun nights (Mon 6<sup>th</sup> Oct & Dec 15th)

#### **Kick-offs:**

- 4:00 pm 5:00 pm (Yrs 0-3, 30 mins)
- 5:15 pm 6:15 pm (Yrs 4-6, 40 mins)
- 6:30 pm 7:30 pm (Yrs 7-8, 40 mins)





## TEAM & PLAYER REGISTRATION

Years 0 - 3 (Mixed)

- Format 5 a side Year 0 3 (5 outfield players)
- No Goal Keepers
- Small Goals

Years 4 - 8 (Mixed)

- Format 7-a side (GK + 6 field players)
- Up to 12 players per team (7 aside)
- 5 players minimum to start (7 aside)
- Junior Goals

Years 4 - 8 (Girls)

- Format 5-a side Girls (GK + 4 field players)
- Up to 10 players per team (5 aside)
- 4 players minimum to start (5 aside)





# EQUIPMENT & UNIFORMS

- Same-colored shirts
   (Recommended but bibs are acceptable)
- Shin pads recommended
- Boots: no screw-ins, no bare feet







## MATCH RULES (HIGHLIGHTS)

- 2 x 15 minute halves (Years 0 3)
- 2 x 20 minute halves (Years 4 6)
- Unlimited rolling subs
- No offsides
- No slide tackles
- GK can handle pass backs (Years 4 6)
- All free kicks indirect
- Throw-ins: two hands behind head, genuine attempt





### **PENALTY AREA**

- No restrictions on semi circle for out field players
- Goal Keeper cannot leave semi circle area
- Violations = free kick/penalty
- See full document or contact organiser for detailed rules







## DISCIPLINARY & FAIR PLAY

- Respect all participants at all times
- Poor discipline may result in team or player removal
- Physical or verbal abuse will not be tolerated
- Report unregistered players before/during game







#### **IMPORTANT NOTES**

- Place confirmed once registered & paid on Cup Manager
- Complete player registrations online
- Individual entries go to https://hbcafc.org.nz/summerfootball-2025/monday-juniorgirls-and-mixed-summerfootball-2025



