



#### WELCOME

#### Hibiscus Coast AFC Summer Sevens



This pack contains all the key information you need for the upcoming season 2025/2026

#### **VENUE**

Stanmore Bay Park 164 Brightside Road, Stanmore Bay,Whangaparāoa





## COMPETITION CATEGORIES & ENTRY FEES

Friday Nights – Senior Leagues \$600 each:

- Open Men's (Elite and Social)
- Masters (Over 35)
- Mixed
- Women's Only

**Start:** Fri 10 Oct 2025

Break: 19 Dec 2025 - 29 Jan 2026

Resume: Fri 30 Jan 2026

Finals Day: Sat 28 February 2026

14 weeks + Finals

Kick-off Times (Rotating): 6:00 pm, 6:45 pm

(Estimated - Depending on teams)



## COMPETITION CATEGORIES & ENTRY FEES

Friday Nights –Youth Leagues: Mixed \$565 each & Female \$460 each

Years 9 - 13 (Female 5 v 5)

Years 9 - 13 (Mixed 7 v 7)

**Start:** Fri 10 Oct 2025

**Break:** 19 Dec 2025 - 29 Jan 2026

Resume: Fri 30 Jan 2026

Finals Day: Sat 28 February 2026

14 weeks + Finals

Kick-off Times (Rotating):

Years 9 - 10 4:30 pm - 5:30 pm

Years 11 - 13 5:30 pm - 6:30 pm

Estimated timings based on entries





## TEAM & PLAYER REGISTRATION

- Up to 14 players per team
- Format 7-a side (GK + 6 field players)
- 5 players minimum to start
- Mixed League: 3 female players on field at all time
- Age bands for Youth (13–17) –
   Female players may play down one age group





## EQUIPMENT & UNIFORMS

- Teams must have same colored and styled shirts
- Shin pads recommended
- Boots: no screw-ins, no bare feet







# MATCH RULES (HIGHLIGHTS)

- 2 x 20 min halves
- Unlimited rolling subs
- No offsides, no slide tackles
- GK can handle pass backs
- All free kicks indirect
- Throw-ins: two hands behind head, genuine attempt







#### **PENALTY AREA**

- Only GK allowed inside
- Violations = free kick/penalty
- No running through penalty area to gain advantage
- See full document or contact organiser for detailed rules







## DISCIPLINARY & FAIR PLAY

- Respect all participants at all times
- Poor discipline may result in team or player removal
- Physical or verbal abuse will not be tolerated
- Report unregistered players before/during game





#### **ALCOHOL POLICY**

- No BYO alcohol
- Alcohol only in licensed lounge

#### **IMPORTANT NOTES**

- Place confirmed once registered & paid on cup manager
- Complete player registrations online





